

Resources for school leaders to support staff through the Coronavirus crisis

During this critical time AITSL has been working to find ways to support teachers and school leaders. Whether you are located at a school or supporting your team to work remotely, the following resources will help you.

The Interactive Leadership Profiles

Aligned with action statements in the *Australian Professional Standard for Principals and the Leadership Profiles*, access a range of resources to help you model the importance of health and wellbeing, watch for signs of stress in self and others and take action to address it. Click on the 'Relational' tab under the 'Leadership Emphasis lens' and scroll to the resources under 'Developing Self and others' to access these resources. Linked resources include Smiling Mind's article on 'How mindfulness can help during Coronavirus' and their free mindfulness app, as well as relevant resources from Beyond Blue.

<https://www.aitsl.edu.au/tools-resources/resource/interactive-leadership-profiles>

Professional conversations and coaching

As you navigate the significant challenges of leading your school during the Coronavirus crisis, sustaining high-quality conversations and support for colleagues will be important. Access resources to support effective professional conversations and coaching.

<https://www.aitsl.edu.au/lead-develop/develop-others/coach-others/professional-conversations>

<https://www.aitsl.edu.au/lead-develop/develop-others/coach-others/coaching-resources>

My Induction mobile app

As early career teachers navigate the significant challenge of beginning their teaching career during the Coronavirus crisis, being able to find the support they need, when they need it, is important. This includes getting advice from experts virtually and being able to check in on their professional wellbeing during this turbulent time. The My Induction app will provide them with information tailored to their needs, a tracker to monitor their professional wellbeing and access to expertise from nationally certified Highly Accomplished and Lead Teachers. Your early career teachers can download the app here.

<https://www.aitsl.edu.au/teach/start-your-career/my-induction-app>

AITSL will continue to work with the profession on how we can best help and is closely monitoring events. Please remember that the most important source of health information at this time is:

www.health.gov.au